

THE ETERNAL TRUTH - NITYA SATYAM

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Article on Spirituality Questions and Answers

1) What is the essence of Sanatana Dharma?

Ans: To experience the Eternal Truth - God's consciousness and to attain Bliss, the eternal happiness.

2) Does God exist?

Ans: Undoubtedly, cent percent He exists.

3) If He exists where does He exist?

Ans: Not leaving even the smallest of small space, He is present universally - everywhere.

4) If He exists, when does He exist and when He doesn't exist?

Ans: He exists beyond the dimension of Time, i.e. past, present and future – He was there, is there and will be there forever. Hence, He is eternal.

5) How it is possible to exist everywhere – universally and forever – eternally?

Ans: He exists in the form of Avyakta – Unmanifest. Hence, He is universal and eternal.

6) What is Avyakta, the unmanifest?

Ans: Subtle most of all entities of infinite cosmos is Avyakta. That means no further subtler entity than this subtle most is there and it is not constituted by any further smaller entities i.e. "Niravayavi".

7) Where is this Avyakta and when is it?

Ans: As mentioned above, universally and eternally Avyakta exists.

8) If this Avyakta, the unmanifest, exists universally and eternally, why I am not able to see and experience it?

Ans: Humans proudly consider themselves as the most intelligent species on Earth. They gain knowledge through their five sensory organs – Eye, Ear, Nose, Tongue and Skin. The respective medium of perception to these organs are Eye - vision, Ear - sound, Nose - smell, Tongue - Taste, and Skin - Touch. The human mind, Manas, analyses and coordinates the data perceived through these sensory organs and makes the living beings feel them. Thus man is able to know objects perceived by these organs only. However, we must understand that the range and sweep of human sensory organs is highly restricted and limited. Human beings cannot receive knowledge beyond the capacity of their sensory organs. For example, the Eye can only perceive vision and cannot perceive sound, smell, taste, etc. That means sound, smell, taste, etc., are non-existent in view of eye. Furthermore, even in case of vision, every existing entity cannot be seen by a normal human being. The visible range of common man's eye is 380 nano meters to 750 nano meters wave length (1/1000 of a meter is a millimetre, 1/1000 of a millimetre is micro meter, 1/1000 of a micro meter is one nano meter i.e. 1×10^{-9} meter) which means only violet to red wave length is visible. Ultra violet and infrared are not visible. Beyond certain smallness – micro level, beyond certain distance, may be a few light years away not visible. If any opaque object obstructs, beyond the opaqueness no visibility is there. Innumerable microwaves, cosmic radiations, subtle particles are not visible to a common human eye. Similarly, the ear can only hear and cannot perceive vision, taste, smell, etc. Even the range of audition is limited to 20 to 20,000 Hertz sounds only (Hertz is the measuring unit of sound waves per second and 20 hertz means 20 sound waves passing per second). Ultra sound and supersonic sounds are not audible. The same limitation is there for other organs, tongue, skin and nose. Hence a normal human being has to realise that he cannot perceive innumerable entities which are existing within him and outside him. As such it is lack of wisdom to think that what one cannot perceive through his sensory organs is non-existing. Such belief in no way will lead to the non-existence of innumerable existing entities.

9) Science has developed so much and things which are not perceivable by a normal human being are made detectable in case of many entities of cosmos. At least by means of scientific equipment, one should be able to perceive. But still why are we still not able to perceive through scientific instruments?

Ans: Human being has to understand clearly that all these equipment are developed by the knowledge gained by the human sensory organs and visionary mind which themselves are limited entities. Hence, this equipment also has limitations. All scientists even all noble laureates, have accepted that whatever the equipment developed, even the latest, can impart only limited knowledge. Whatever is known to them is very limited and what is left to be known is humongous. Not only now, but even after several billions of years also two dimensions will remain as incompletely known aspects. One is Space – or any edge of cosmos. There is total ignorance and confusion regarding the totality of cosmos as per the present scientific knowledge. At the gross level, the known universe is spread in distance of about 9.3 billion light years (one light year is the distance travelled by light with the speed of 300 thousand or three lakh kilometres per second or nearly 946 trillion kilometres) what is there beyond this known universe? Presently there is no answer. Experience says the biggest known entity today is becoming a small part of another big of future discovery – like earth, solar system, galaxy and cosmos. At subtler level also entities are not clearly seen by Electron microscopes, particle detectors, etc., by direct or indirect methods. Sub-atomic entities are not clearly perceivable. Even in the state-of-the-art laboratories till date there is no technology to isolate such entities like electrons, quarks constituting protons and neutrons, etc. There is no way to make them static and study their intricacies. There is no hope for a breakthrough even in the near future. It is not definite whether these only are the end points and there are no further constituents in them. All scientists agree on this.

There are innumerable phenomena for which there are yet no scientific reasoning or explanations are available. For example, take the well-known concept of gravity. It is an indirect understanding that any two masses have gravitational interaction either weak or strong depending upon the masses and distance between them. But till date it is not clearly known what exactly gravity is. Scientists talk of an imaginary force of gravitation as a mediating particle and its intricacies are not yet clearly understood. Likewise, any living organism. Everyone feels the sense of ego called “I” and it is not clearly tracked by any of even the latest instruments. X-RAY, CT-Scan, MRI Scan, Pet scan, Spect scan, Electron microscopes or particle detectors could not catch the so called “I”. Scientists say about dark matter, anti-matter and so on which are not yet clearly understood. Thus, it is very clear that either a common man or any scientist or any latest instrument are having limitations and could not perceive many things in total.

10) When is it expected possible to perceive them?

ANS: Even Nobel laureates of science and all other scientists very clearly say it is not possible in the near future. For example, it is impossible to design a vehicle which can travel with the speed of light (300 thousand or three lakh kilo meters per second). Any physical matter cannot withstand that speed and will shatter into pieces. Even if somebody imagines that such a vehicle which can travel at the speed of light is designed successfully, it is of no use in the infinite cosmos. It takes a minimum of four light years to reach the nearest star in space.

11) At any point of time in future is it impossible to know physically or through scientific instruments the totality of infinite space and time – gross and subtle – is it a dead end or is there still any other means by which these can be known?

ANS: It is a proven fact that physically with a limited perceivable capacity of human body or any instrument developed by the restricted human capabilities can only reveal a limited understanding but what is left to be known is in abundance than what is known. By knowing which, nothing will be left to be known, such immeasurable precious knowledge and ways and means to achieve it is narrated crystal clear in the Vedas, Upanishads and Bhagavatgita, etc., the scriptures of Sanatana Dharma.

12) What is the essence of knowledge which Vedaas, Upanishads, Bhagavatgita, etc. contain? Do they not belong to Hindu religion only and how can they be of use to other religions?

ANS: Nowhere in our scriptures it is mentioned that this ultimate knowledge belongs to only Hindus. In fact, they are called Sanatana Dharmaas. That means they are timeless – no beginning and no end – forever. They are eternally applicable principles irrespective of religion, living or non-living, at any time or any place in the cosmos, i.e., universal and eternal truths. Those who have birth in this sacred and pure Bharatadesha are really blessed.

13) What is the understanding and clarity of that knowledge?

ANS: Right from vibratory energy sub-atomic state to atoms, molecules, and their combined form only at gross state is perceivable. In reverse way in the most gross form of solid state, inter molecular and between masses the forces are easily removable. But as they go to subtler levels, it requires tremendous energy to cleave the sub-atomic entities apart – to break the bondages between quarks which hold them together to maintain the nucleus of an atom. Artificially scientists could produce the energy levels up to 1×10^{14} Giga voltage in centres like CERN (Centre of European Organisation for Nuclear research) Large Hadron Collider (LHC) in Geneva. (Our ordinary domestic electric Voltage is 220 Volts. 1000 Volts make one Megavolt. Such 1000 mega volts make one GIGA

volt. Such 1×10^{14} Giga volts that means 1,00,000,000,000,000 Giga volts.) With such tremendous energy a proton beam is made to circle about 27 kilometres at a depth of 100 meters underground with a tremendous speed of about 11000 circles per second and directed to hit nucleus on the target. With such energised beam collision the constituent parts of Nucleus are broken and till date over 200 such sub-atomic entities are identified. It is a naked fact that in spite of such efforts, till now the subtle most entity which doesn't possess any further constituents, the end point, is not yet reached. It doesn't appear to be possible even in near future also.

14) As of now, even with the latest scientific tools and technology, if we are not able to identify that subtle most entity which doesn't possess any further small constituents, is there any alternative way to identify that Avyakta or it is impossible?

ANS: After intense meditation for thousands of years, our Rishis, the ultimate scientists of eternity have found out very clearly that Avyakta, the subtle most and root cause of entire cosmos devoid of any further constituents is not perceivable by the limited physical senses of a human being. It is not possible even by any instrument developed by these limited cognitive sensory human organs. But it is definitely perceivable by purified and elevated thought. The most powerful tool in cosmos is thought. Our Rishis have experienced that Avyakta by the refined tool of purified thought.

15) If thought can experience it, why every living being having thought process could not experience it and only Rishis and true saints could perceive?

ANS: Here comes the clarity. An ordinary person's thought is very weak, though it has got tremendous potential to get infinite strength. Why? It is fickle and very unstable. Generally a human being gains knowledge only through his five natural sensory organs. These organs can perceive only their respective objects of perception; eye – vision; ear – sound; nose – smell; tongue – taste; and skin – touch. Perception through every individual sensory organ has got duals of pain and pleasure with regard to its object of perception. For example with regard to the eye some visions perceived give pleasure and some visions give pain. Likewise some sounds perceived through the ear are pleasant and some are unpleasant. Same is true with nose, tongue and skin. These duals of pleasure and pain may be same or different to different individuals for a given object of perception. For example a sweetmeat may give pleasure to somebody and pain to some other. A movie or any vision may be pleasure to someone and pain to some other. Again, the same object which pleases someone may cause pain at another time to the same person. When sweets are offered to a person fond of sweets, initially he may enjoy but when he is forced to consume huge quantity of sweetmeat or after he has already over eaten or asked to consume it in uncongenial environment it will be more a punishment to him than pleasure. Likewise, in an Air Conditioned premises coolness is pleasure in hot summer while it is painful in chilly winter. Medicine given in huge quantity will be poison but given in optimal quantity is remedy for ailments. It should be clearly understood that none of the objects of perception to these five sensory organs of a common person will provide permanent pleasure. They always produce the duals – either pain or pleasure. It is normal tendency that a common man always evinces interest and works towards gaining pleasure from these sensory organs and strives through his motor systems of limbs, etc. Since there are innumerable avenues of gaining pleasure, normal human tendency is to run after these unlimited ways to gain pleasure. Due to lack of clear understanding that these so called pleasures gained through contact of sensory organs with their fond objects are not true pleasures but apparent pleasures and are not permanent, a common person's thought always runs after these apparent pleasures. In this process the most powerful thought gets diluted and loses all its concentration, diluted in to innumerable thoughts, i.e. they get fragmented into very weak fleeting thoughts. For example, an ordinary light source like a bulb, tube light, etc. will emit light – photons in all directions but they could travel to a limited extent only and with very weak energy. The same light rays if condensed into a single beam like LASER (Light Amplification by Stimulated Emission of Radiation) it gains such tremendous energy and travels long distances and can even cut a diamond. So also, a common person's thought is so weak that it cannot break the layers and barriers. The thoughts of a Rishi and true saint are fortified as laser by penance for years together and are so powerful, that they can open up all the layers and at their wish reach that subtle most entity Avyakta. To condense the thought energy into single point like laser requires tremendous efforts and Sadhana – practice. Generally thoughts are generated by two sources: i. Physical exposure to objects directly, called reflex, and ii. Stored memory of previous exposures of this birth and previous births, Samskara – brought forward by the subtle body, Sukshma Shareera. This is the most important source. Modern science could not go to the extent of identifying it yet. Till now it could identify only to the level of Genes in DNA (Deoxyribo Nucleic Acid) – of nucleus of any living cell of human body which is a miniature model of expressed gross body. This so-called Samskara, the stored memory of past times of same birth and previous births and direct physical exposure to objects of perception, is such a powerful kidnapper of a common man's thought that it is fragmented into very weak pieces with infinitesimally small energy or capability. Now what is the way out after realizing the limitedness, uselessness and dangers of attraction towards physical pleasures? One has to gradually gain control of mind to powerfully restrain from running after them and start concentrating like laser. For this, the first step is to prevent distraction of mind and start leading a life of purity in Trikaranaas – Mind, Word and Deed. Restrain from distractions caused by the Arishadwargaas – Kama (Desire), Krodha (Anger),

Lobha (Greed), Moha (Infatuation), Mada (Haughtiness) and Maatsarya (Jealousy). When the distractions are restrained, the potential source is conserved and is available for active concentration to make a single point progression of meditation. Once a person takes even a very small step on the road of purity in life, he will be led towards the pinnacle. Depending on such huge strength and tremendous energy gained by virtue of previous incarnations, enlightenment will be a reality to the rarest of rare person in that end point of birth and death cycle. The thought of true saints like Shankaracharya, Madhwacharya, Ramanujacharya, Raghavendraswamy, Ramana Maharishi, Ramakrishna Paramahansa, Jesus Christ, Sufi saints, etc. is so powerful and single pointed that the cosmic energy and matter instantly transforms in tune to that thought. Any amount of energy generated by any of even the latest modern scientific equipment cannot match such powerful thought of a true saint. Every individual has got the potential to gain such tremendous thought energy, ultimately to be able to break all the layers and reach the Avyakta, the root of all cosmic manifestation. But it requires tremendous efforts. It may be possible in this birth or progression through many births depending on individual efforts and association with true saints, Sadgurus. From the foregoing it is clear that none of the facilities of modern science are absolutely perfect. On the contrary it is a proven fact that what is known is very little and to be known is left in abundance. Again none can deny that hundreds of super specialist doctors with all known life supportive equipments, safe guarding any individual continually round the clock in any of the best medical centres cannot prevent death. One has to realise that all physical properties earned and the earning physical body will be cut off instantaneously with death. Once the light is gone no more than physical existence of life. Then what for a person is craving? After realising the above facts, one should start leading a pure life through his Trikaranaas, Mind, Body and Word. One has to know clearly that none of the modern equipment can record our thought precisely, at least for now. Hence, nobody could really certify our purity of life. Our subtle body, Sukshma Shareera, is the evidence of all our activities of mind, word and body and records them. This stored memory is the cause of further cravings and actions. This will dilute our thought energy and leads to a vicious cycle of cravings and actions to fulfil them, in the process committing many unrighteous actions which can never energise our thought but always fragments and disintegrates it. One should realize the limitations and shallowness of pleasures derived through physical senses and understand that in truth they are source of pain which will only lead to further agony and sorrow. Then for sure he will opt for a life of purity and with tremendous and continuous efforts either in this birth or in future births will get enlightenment of realising the ultimate truth, Avyakta.

16) What will happen when one experiences that, Avyakta?

ANS: As it is discussed earlier, the Avyakta – the subtle most entity – which holds this infinite cosmos, is unborn and undying, is universal and eternal. Anybody reaching that state will experience that and being merged into it gains universality and eternity. That means the enlightened saint will experience infinite cosmos within him and vice versa himself in every entity of the cosmos. For such enlightened personalities, the physically impossible tasks of a human being or any machinery are very simple things to achieve. There are innumerable incidents in which an expired person was brought back to life by such enlightened personalities which is by no means possible through any modern scientific methodology. It is also true that there are fake religious leaders and god men performing magical tricks hoodwinking people to enlist them as their disciples. But this doesn't mean true saints do not exist and such miracles do not happen. A miracle is a phenomenon to which present day science doesn't have any explanation or reasoning but future developments will definitely prove it a reality like television, clairvoyance, etc. Likewise, never underestimate or look down the modern science. It is a fruit of innumerable dedicated seekers of truth, their life time research. It is scientific knowledge which has relieved man from lot of drudgery and gave him a life of ease and comfort. Science will not believe unless physically proven either by an individual or an instrument. Undoubtedly science gives confidence and faith which any person can verify. For example electro-magnetic wave is a phenomenon through which many gadgets of day to day life are working right from electric bulb to the most complicated equipments of so called artificial intelligence of computers and its various applications. Any person operating on prescribed methodology will get same result whether or not he knows its intricate structure and functions. Because of this provability it has become the order of the day that majority, particularly scientific personalities, believe that whatever is provable either by direct individual experience or by any scientific tool is only real and those not provable are non-existing and only a belief. It is well said: science starts with proof and ends in belief whereas spiritualism begins with belief and concludes in proof. This is where modern science has to give clarity to humanity that whatever is not provable by available tools does not either exist at all or is only trash and blind belief or the present-day science doesn't know about them. True scientists definitely will not say that whatever modern science has developed is the end point of science and nothing is left for future to be developed. Only people with half-baked scientific knowledge keep on making hue and cry that anything proved by science only is believable. Such people are neither perfect themselves nor can they give proper guidance. Losing the basic touch with moral values, such people are propagating their personal agenda and the fruits of modern scientific inventions are mostly being put to use in a negative way leading to a dangerous stage of self-destruction. It is high time for the scientists to give a clear picture of limitations of science and necessity of research to unleash hitherto unknown realities. Already humanity on our mother planet earth is endangered in many respects.

17) What role the so-called religion and religious leaders have to play to safeguard humanity and our mother planet earth from this very precarious situation?

ANS: First of all, the so-called religious propagators and leaders have to answer the following three questions:

1. Whether they believe in the existence of God whom they worship and propagate?
2. Where does the God they believe exists and where He doesn't exist?
3. When the God whom they believe does exist and when He doesn't exist?

Let us discuss these point by point.

1) Sanatana Dharma gave clarity that God exists. Likewise other religions also believe in the existence of the God they worship.

2) Where does God exist and where He doesn't exist? Sanatana Dharma gave clarity that God exists universally and not even the smallest of the small place is left where God doesn't exist. What about other religions? We have to seek clarity. Some say He is in another world. Some say He is sitting on throne over nine skies. Let them clarify clearly - if they say that He is existing only in some places, let them show all the places where He is not existing and the places where He is existing.

3) When does He exist and when He does not exist? Sanatana Dharma clarified that God always exists. What about others? They have to clarify whether the God they believe in is always present or present for some time and absent at other times? If they don't accept that He is always existing they have to clarify at what times He is present and at what time. He is absent?

With above three questions clarity comes whether the God they are worshipping is either universal and eternal or limited in space and time. Anybody who is not Universal and eternal or is a limited one in space and time is not God at all. If somebody accepts the limitedness of the God they are worshipping, why not they go to the kingdom of their God at his available time of existence and indulge in all their propaganda?

18) How is it possible to be universal and eternal?

ANS: Our Sanatana Dharma offered clarity to the above questions. Our scriptures are open – they are in the format of discussion. Disciples raise their doubts on the scriptures and the teacher clears them. The discussion proceeds to such an extent that if at any time the disciple is not well versed, the mentor himself will raise the question and will clarify in depth. That way the questions now being posed by all our contemporary arrogant atheists were clarified long ago. This kind of freedom is not there in other faiths. The preachings of their saints were imposed on the disciples like the commands of a dictator. If somebody questions with clear reasoning they were not tolerated, they were expelled from society or even killed them as heretics. Let us see what modern science tells. Modern science tells $E = mc^2$. In this equation one of the greatest modern scientist Einstein proved that E - energy is equivalent to product of M - mass and C^2 - square of the speed of light which is roughly 3,00,000 (Three hundred thousand) Kilometers per second. This equation clearly tells us that even a small amount of mass which is a condensed form of energy when it disintegrates, releases tremendous amount of energy. Likewise that amount of energy when it gets condensed will become corresponding amount of mass. For example one Kilogram of mass is equivalent to 8.988×10^{16} joules (joule is the unit to measure energy. It is the amount of energy required to produce one meter acceleration in one kilogram of mass, i.e. One Kilogram meter per second²). Even thermal form of energy is also measured in joules. Thermally one joule is equivalent to 0.239 calories, that is one calorie = 4.186 joules. One calorie is the amount of heat required to raise temperature of one gram of water by one degree Centigrade, from say 14.50 C to 15.50 C. Energy in terms of electro motive force is measured in voltage - the electric potential difference between two points of conductor. One electron volt 1 eu = 1.602×10^{-19} joule. That means if one kilogram mass is converted it will give energy of 8.988×10^{16} joules. Likewise, 8.988×10^{16} joules energy if conserved will become one Kilogram of mass. It is clear that mass will change into energy and energy will condense into mass. That means both mass and energy are not permanent. One may change into the other. The moment anything has changed its condition means it has not retained its original state and either it gained something or lost something to become a changed new entity. All scientists agree that none of the physically perceivable entities are permanent. The life span may be different for different entities. The shortest and the longest life spans known to modern science are: Shortest is Δ^{++} particle. It is a subatomic entity whose calculated life span is 1×10^{-23} second. (i.e. when one second is divided into 23 zeros beside 1 no. Only, one fraction is taken of that small time) The longest is half-life of proton Mass 1×10^{32} year. Half-life is the time required to become half mass from original mass quantity in a stipulated time. For example, 1 kg of Uranium-235 over a period of 1600 years gets reduced to half of its mass i.e. $\frac{1}{2}$ kg. After 1600 years again that $\frac{1}{2}$ kg becomes $\frac{1}{4}$ kg. Likewise, proton mass of 1 kg over an estimated period of 1×10^{32} years will become $\frac{1}{2}$ kg. But it is to be noted that whether that shortest time of 1×10^{-23} second or longest time of 1×10^{32} years will engulf the entities and they are not permanent. This is at sub-atomic state of entities. At gross level of entities as far as modern science, all known millions of materials are made up of about 118 basic elements arranged in the periodic table depending on their atomic number (number of protons in its basic element of Atom) and character. The diversified characters are appearing only in gross state. When they go to subtle level of atomic state only that particular elemental characters are retained and only 118 basic entities will exist. When it goes to further subtler level even these basic elemental

characters are also lost and only energy appears. Even the latest scientific knowledge is not able to catch hold of any sub-atomic entities, make them stand still, study and understand them with total precision and specificity. The moment when anybody even tries to see them by any means they are changing and escaping. Hence, till date even the latest scientific knowledge is not able to comprehend that anything is eternal. There is no answer for this in modern science. Now in any other way is there any answer? Yes, it is there, very clearly narrated in Sanatana Dharma. In the Bhagavatgita in the 7th chapter, Gnana Vignana Yoga, Lord Krishna gave a very clear picture. The cause of cosmos is two-fold. I. Apra Prakriti: diversified, perceivable, mutable, changeable form, which undergoes cycle of births, sustenance and death. Hence not eternal. It is a derived form having further roots. II. Para Prakriti: The root cause of all entities of Apra Prakriti. Let us delve deep into Apra Prakriti and Para Prakriti. I. Apra Prakriti: It consists of eight entities depending on the state of its existence from gross stage to subtle state:

1. Bhoomi: Generally understood as planet earth. In its true sense it is solid state of matter which is perceivable and having a shape of its own. Inter molecular bondages are in a fixed form.
2. Apaha: Generally understood as water. In the true sense it is liquid state of matter. Though perceivable, doesn't retain a shape. Takes shape of container. Inter-molecular bondages are not that strong as in solid state.
3. Anala: Energy transition state, no shape as it dissipates. It is subtler than liquid state.
4. Vayuh: Air in its natural state. Inter-molecular and inter-atomic bondages are very weak. Except touch sensation not perceivable by physical senses.
5. Kham: Aakaasha. Generally understood as void, space. In its true sense after dissolving atoms into its constituents - the energy - vibrations state remains and not perceivable by any physical sense. Even the most modern scientific knowledge presently has a halt at this stage. As discussed earlier no sub-atomic entity is clearly perceivable by any modern instrument - be it an electron microscope, any particle detector or any other means. Grossly three sub-atomic constituents - Electrons, Protons and Neutrons - are major. Even though more than 200 sub-atomic entities are identified, Protons and Neutrons are further identified as made up of six types of quarks. Protons three quarks, neutrons three quarks and a beta particle. These quarks are held by gluon forces in a very strong way, requiring very high amount of energy to disrupt them. Isolated quarks are not identified. Even in near future there will be no technology to isolate any of these subatomic entities and study them. Hence modern science is limited at this level presently.
6. Manas: Modern science does not have any proof to show this by any scientific equipment but has to have only belief as it is a perceiver and coordinator of senses and well known to every born live entity. This state is subtler than energy - Aakaasha state beyond scope of modern science.
7. Budhi: Still subtler than Manas state. A decisive state which directs Manas into action.
8. Ahankara: In common sense it is proudness or ego. In true sense it is the state of creating an identity of any born entity differentiating it from the rest of cosmos. This identity starts from the point of time of its birth or formation of every entity living or non-living. This is the beginning stage of creation or formation. This state still contains further smaller constituents or causes and this stage is an effect or result of union of further smaller constituents. Any formed entity will have two characters in relation of time - its existence and non-existence. Existence starts at the point of time of its constituent's union that is its beginning. Existence lasts till it is fragmented into its constituents. The period from its formation to dissolution is its lifetime. Before formation and after dissolution it is non-existent (i.e. pre-formation and post-dissolution nonexistence). Up to this state of Ahankara the cycle of birth, sustenance till lifetime and dissolution affects. Hence even up to this state no permanency or eternity is possible.

That means up to this stage every entity is born, sustained and dissolved. That is why up to this stage all eight states of any entity is called Apra Prakriti or Lower form which is fragmented by time and space into time of existence and time of non-existence, place of existence and place of non-existence. Space and time fragment them and hence called Desha, Kala Chinna.

II. Paraprakriti: Avyakta. This state is the ultimate and end point of existence of any entity. That is, it is devoid of any further smaller constituents, the subtle-most entity and root cause of all entities. Now the clarity is as this state is ultimate end point and smallest entity, it is not born by union of any further smaller constituents. Since this is not a born entity or formed entity it does not possess the formation time or beginning. Since there is no beginning, there is no preformation non-existence. Likewise as it is devoid of any further constituents, it will never undergo any dissolution at any point of time. Hence no question of its end point or post-dissolution non-existence. For such an entity which has no beginning and no end there is no applicability of life time. Beginning, life time and end point are applicable only to formed entities. As there is no beginning and no end the Avyakta is Eternal, always existing.

Likewise, infinite cosmos is constituted by many diversified and apparently perceived as different entities. When going into subtler levels becoming atoms, energy, Manas, Budhi, Ahankara and are finally constituted by the end point - the subtle most point of Avyakta. As this is the root cause and end point for all infinite cosmic apparently existing entities it is all pervasive, that means it is present everywhere - Universal. Up to the stage of Ahankara as they are born entities, demarcated from rest of the cosmos, they have a boundary. Space will fragment them

into place of existence and place of nonexistence. Any formed entity is existent only within its boundary. Beyond its boundary it is non-existent. Avyakta, being the root cause of existence of all entities and eternal, it is a logical inference that it is existent everywhere. Space cannot fragment Avyakta into place of existence and place of non-existence. Thus, Avyakta is Universal and Eternal. Up to Ahankara state Space and Time are masters over them and fragment them. Whereas Avyakta is master over Space and Time which cannot fragment it. The Universal and Eternal Avyakta Paraprakriti is God's consciousness. Thus, God is universal and eternal. This is the clarity given by Sanatana Dharma. As God is beyond Time and Space which can never be comprehended in totality by any modern scientific equipment not only now but at any time in future also - It is beyond the scope of scientific tools to experience God's consciousness.

19) Does this state of God's consciousness really exist and experienceable by any other means as it is said that it is not possible to experience or perceive by physical means?

ANS: For this also Sanatana Dharma gave clarity. This state is definitely achievable, though it is very difficult; it is not an impossible task. Modern science could create energy level up to 1×10^{14} Giga voltage (1000 volts = 1 megavolt, 1000 mega volts = 1 Giga volt – i.e. such 100,000,000,000.000 Giga

volts) in particle accelerators like Large Hadron Collider at Geneva. A proton beam is given step by step above energy and made to circle about 11000 times per second over a 27 Kilometer circle to hit the nucleus to break into further constituents and study them. Scientists say it requires about energy of 1×10^{19} Giga voltage to go to the state of proposed big bang situation to find out the root cause of universe formation. Even if that state is possible to create artificially, there is no way in the near future to isolate the root cause. Then what is the way out? The only way out is as we are constituted by that Avyakta, God's consciousness as root cause, we have to energise our thought process tremendously to break all the layers and experience that ultimate destiny. To energise the thought process to such strength is not possible for all at one go. It is the evolution from non-living state to living state. In the living state evolution from lower form to higher forms and ultimately to human level.

Even at human level, over innumerable incarnations the accumulated actions, memory, the Samskara, forcefully dragging towards apparent physical pleasures leading to vicious cycles of birth, life, accumulation of fresh memories and partially experiencing the result of previous memories will dilute the thought process and devitalises. After realising the limited true nature of physical life, to experience God's consciousness, one has to work with tremendous efforts 1. To clear off previous accumulated memories – Samskaraas.

2. Not to accumulate fresh Samskaraas in present birth. 3. Actively put strenuous efforts to walk on the path of Dharma which ultimately leads to the realization of God's consciousness – enlightenment. At any point of time such true saintly personalities are very rare but are definitely available. Their life is a role model for entire humanity irrespective of any caste, religion, region to follow. Sanatana Dharma, the eternal truth gives such personalities time and again as Sadguru Parampara, as well as individual appearances. Other religions initiated by so called messengers have clearly told that their appearance itself is end-point and no more such guides will appear. Existence of such enlightened personalities is a naked reality and their extraordinary capabilities to perform tasks which are impossible by any modern tools are also a reality. As discussed earlier in every religion true saints have appeared who have brought back life in the expired people which by no means possible for modern science. Thus, attainment of God's consciousness is the ultimate destiny which is very difficult but not an impossible task for any individual. That is eternal bliss. Time and again it is a proven fact known to every individual that whatever he earns, including the physical body, culminates at the point of death which is inevitable. When death lays its icy hands he will lose all the power and pelf of his life time accumulation. Instead of craving for apparently physical pleasure gaining which is in essence throwing oneself into the vicious circle of birth and death, it is always better to aim at eternal bliss by following and leading a righteous path of Dharma.

20) Last two millenniums have been witnessing many religious leaders propagating that “Our religion only is great and only the God we are worshipping is great and all other religions and their worshipping Gods are very inferior. So leave your God and convert to our religion and our worshipping God.” How far this is justified?

ANS: There is no concept of conversion in Sanatana Dharma. Those who ask for religious conversions, working with a mission are the tallest ignoramuses, obscurantists and illiterates on earth. Why? It is a simple fact that such propagators do not have clear concept of their own religion and the God they worship. As mentioned earlier just put the three following questions to those fanatics.

- 1) Whether they believe in the existence of God?
- 2) If their God exist when He exists and when He does not exist?
- 3) In which places He exists and in which places He doesn't exist?

Compulsorily they have to accept the fact that God is universal and eternal. If they deny the universality and eternity of their so called God, question them to show the place and time where and when He exists and where and when He does not exist. If they can show the places of existence of the God they worship and accept the non-existence at other places, drive them away to those places and time where they believe their God exists.

If they accept that their God is universal and eternal then question them who are to be left and who are to be embraced. If they ask to leave something it indicates clear acceptance of absence of their own God there and his limitedness and nonuniversality. This clarifies that the propagator of religious conversion is a fake religious person and a fanatic who has not understood his own God and experienced properly. If he has understood the universality of his worshipping God, he should be clear that God is everywhere and will never ask for any conversion. Sanatana Dharma which is eternal truth does not have any concept of conversion. It is only pseudo illiterate religious persons who are craving for conversions by luring with money and other baits, sometimes even with threats. This craving is a selfish motive for their own safety and definitely not for human progress or welfare. In one form or other directly or indirectly this craving is creating havoc and is the root cause of turmoil in society for following unrighteous Adharma path. Added to that the atheists also with their negligible understanding of Science, are denying the existence of God. Pseudo religious propagators are encouraging only a methodology to gain physical amenities and mundane pleasures. They are not bothered about basic moral values but their aim is to gain physical pleasures and comforts by hook or crook. They don't mind to follow the Adharma path themselves and to lead others also for their selfish gains but they pose as if they have pious intentions.

These white-collar villains and quixotic religious propagators craving for conversions have become pests on humanity leading towards internal conflicts and destruction. First of all, teach a lesson to such propagandists to understand their own God properly and to make them work for the welfare of humanity.

21) Some religious propagators claim that idol worship is wrong and it is a blind superstitious belief and hence not to worship idols. Is it justified?

ANS: We have to understand two aspects of cosmos which is discussed in the answer of the 18th question above. As narrated, cosmos is in two forms, one is 'manifest' – Apra Prakriti and second is 'unperceivable' – Paraprakriti or Avyakta. As explained, the ultimate, undecaying and unchangeable, everlasting, all-existing is the absolute truth – Avyakta only. This is called Nirguna Brahman. To experience that Avyakta state is the ultimate achievement of any person. But it is too difficult for a common person to experience that ultimate state of Avyakta. Unless somebody experiences through his five sensory organs – Pancha Gnanendriyaas – it is very difficult to believe and have faith. It is rightly said 'Seeing Is Believing'. Any individual irrespective of caste, religion, region etc. will believe what he sees with his own eyes. Hence sight is the most powerful experience, Sarvendriyaanaam Nayanam Pradhaanam. One who sees with his own eyes will develop a strong belief – than what he hears or imagines. Thus, to initiate belief and to inculcate, it requires a very strong experience for a beginner. Visual experience being the strongest in physical plane of sensory experiences, a visual form is very appropriate for beginners. Every religion has adopted this visual representation in some form or other. Hindus worship the idols only in initial stages and will not bother about it at higher planes. Christians take the Holy cross as representation of crucifixion of Jesus Christ. Islam takes the tomb of saints as holy representation. Thus idol worship is the most suited for beginners, which will attract the attention, generate the pious feeling, strengthen the faith and gradually build up the thought process by making a single pointed representation which is otherwise very wavering. The other way round is in true experience of Avyakta. Because it is universal and eternal – any enlightened saint must be able to experience God everywhere including the idol forms. Hence either for a beginner or an enlightened saint it is justified to experience God everywhere including in idols, pictures or paintings. Now we have to ask those who abuse and deny the idol worship, at what stage of spiritual progress they are? How many of them have really experienced the God they are worshipping? If they have not yet experienced the God they worship, they don't have any right to comment on any other God or any other method of worship. The person who has himself not experienced the God he is worshipping but commenting about the Gods others worship is like a blind person trying to show the path to well visioned persons. In case if a person has experienced the God he is worshipping, he is the most respectable person. The proof that he has experienced the God he is worshipping is, everywhere and every time he will experience Him. For such a true saint caste, religion, region, etc. are not barriers. He will experience God in every entity, living and non-living. When somebody is transformed into a true saint and is able to experience everywhere the God he is worshipping he will not abuse any other God. On the contrary he will experience God everywhere and will guide humanity to the true path of Dharma Maarga. He is worthy of respect for one and all by all religions.

Thus, it proves that those who abuse idol worship are neither true saints nor believers of their own God's universality. Such people are truly ignoramuses and need not be cared at all. It is only Sanatana Dharma which very clearly says God is universal and eternal. Any person worshipping in any form but with clear understanding that God is universal and eternal is blessed by that form of worship. Now-a-days we see propagators of religious conversion abusing others and claiming that their religion only is sacred and great; only the God they are worshipping is great, all others are mean and very inferior. They even claim that others are sinners. Claiming that their religion is great they ask followers of other faiths to join their religion and adopt the worship of their God and follow their religious practices. They go to such extreme ends that by killing people of other religion they will go to heaven. This proves the diabolical intentions of religious fanatics who are the biggest Quixotes ignorant of their own religion and the God they are worshipping.

First of all, such true illiterate religious guides should carefully study their own religious scriptures properly and understand that the so called their own God is not a limited entity in space and time but universal and eternal. Ignorance about the God they are worshipping and fanatical propaganda has become the root cause of religious conflicts, splitting humanity into fragments leading to bad blood and fighting in all possible means endangering the very existence of humanity. It is only Sanatana Dharma which says clearly that God's consciousness is universal and eternal – beyond space and time. It is only Sanatana Dharma which does not have the concept of religious conversion. Rather it gives clarity to understand properly universality and eternity of God's consciousness. The mother land of such laudable Sanatana Dharma is Bharata Desha. It is a boon to be born in such sacred country. Because of such noble concept, other religions are given a place here. But such a pious place provided to them is being exploited by illiterate obscurantists of other religions and they started abusing the very basic Sanatana Dharma by whose mercy they are able to survive here. Nowhere on the globe and in no country are other religions given such freedom. It has become an extreme and the filthy attitude that the selfish politicians are looking down at mother Dharma – Sanatana Dharma and appeasing other religions. The resources generated out of Sanatana Dharma by Hindu temples are being used to appease other religions for their own survival through vote banks. It is high time to condemn such heinous acts. Active campaign is required to curb this irrational attitude. We should make people understand our Sanatana Dharma properly and as well other religions and comprehend the universality and eternity of God. Modern science has progressed enormously and is opening up new vistas of development. Known universe is spread in a light years span of 9.3 billion. Till date nowhere in the cosmos humanity of this kind and life is identified. According to modern science it took about 13.8 billion years for nature to give us this body. Life on our planet earth is the most precious. All modern scientists together with all latest equipment or gadgets could not artificially create even a small primitive cell with life. On the contrary the same modern science developed technology can suck out the life of either the individual or entire humanity. Modern science and technology is not only so powerful for the prosperity of humanity but also in a negative way it can be used as an instrument of mass destruction.

The problem with modern scientific tools is loss of control over usage after they are discovered and produced. They can be used according to the will and wish of the user. The only way is unless you have a change of attitude and develop a mindset towards moral values in every individual, there is always a potential for misuse of these tools which will be disastrous to entire humanity irrespective of caste, religion and region which is glaringly visible today. The fear psychosis developed within family, in between families, in the society, states, and countries, between castes, religions and regions has created such a panicky atmosphere, that majority of human resources as a whole are frittered away to design security measures and instruments to safe guard ourselves from imagined dangers from our fellow human beings. What a pathetic situation! Is this the culture we hand over to the posterity? Many of these conflicts can be resolved if proper understanding of limitation of physical materialistic science, and unbounded potential and capability of human thought is realised and if the universality and eternity of God's consciousness is understood. Then lot of funds and resources will be available to support scientists for invention of many innovations particularly going beyond planet earth and exploring space, which is infinite. Every person of about 800 crores of earth's population can own one entire planet earth. What else anybody wants? Realising the limitation of physical plane and infiniteness of God's consciousness will give everlasting bliss. This is proposed by Sanatana Dharma applicable to every individual irrespective of caste, religion and region. Sanatana Dharma is absolute and immutable scientific reality. Make people to understand properly and practice it in the trio of Manas, Vak and Kaya – Thought, Word and Deed which is the only way to safeguard humanity from extinction and hand over a bright future for generations yet unborn. Let us work for the noblest thought of Sanatana Dharma.

1. Sarve' santu sukhinaha
Let everybody be happy
2. Sarve santu niraamayaah
Let everybody be free from physical and psychological illnesses.
3. Sarve bhadraani pashyantu
Let everybody witness all blissful events in their lives and not frightening or sorrowful events.
4. Maakaschit dukkha bhaag bhavet!!
Let nobody be a victim of sorrowfulness. By above strength let everybody attain the following absolute, eternal truth
5. Asatomaat satgamaya
God lead me from unreal – apparent reality to absolute reality.
6. Tamasomaat jyotirgamaya
Lead me from ignorance to enlightenment.
7. Mrityormaamrutamgamaya
Lead me from mortality to immortality – eternity
8. Om shaantihi shaantihi shaantihi
Let peace, peace and peace alone last forever MN



I wish to quote some lines verbatim from the book 'The Tao of Physics', in which Fritj of Capra states, "Nature is inert, and cannot dance till Shiva wills it: He rises from His rapture, and dancing sends through inert matter pulsing waves of a wakening sound, and lo! matter also dances, appearing as a glory round about Him. Dancing, He sustains its manifold phenomena. In the fullness of time, still dancing, He destroys all forms and names by fire and gives new rest. This is poetry, but none the less science. The Dance of Shiva symbolizes not only the cosmic cycles of creation and destruction, but also the daily rhythm of birth and death which is seen in Indian mysticism as the basis of all existence. At the same time, Shiva reminds us that the manifold forms in the world are maya - not fundamental, but illusory and ever-changing-as he keeps creating and dissolving them in the ceaseless flow of his dance. As Heinrich Zimmer has put it: His gestures wild and full of grace, precipitate the cosmic illusion; his flying arms and legs and the swaying of his torso produce-indeed, they are-the continuous creation-destruction of the universe, death exactly balancing birth, annihilation the end of every coming-forth.

Modern physics has thus revealed that every subatomic particle not only performs an energy dance, but also is an energy dance; a pulsating process of creation and destruction. The patterns of this dance are an essential aspect of each particle's nature and determine many of its properties. For example, the energy involved in the emission and absorption of virtual particles is equivalent to a certain amount of mass which contributes to the mass of the self-interacting particle. Different particles develop different patterns in their dance, requiring different amounts of energy, and hence have different masses. Virtual particles, finally, are not only an essential part of all particle interactions and of most of the particles' properties, but are also created and destroyed by the vacuum.

Thus, not only matter, but also the void, participates in the cosmic dance, creating and destroying energy patterns without end. For the modern physicists, then, Shiva's dance is the dance of subatomic matter. As in Hindu mythology, it is a continual dance of creation and destruction involving the whole cosmos; the basis of all existence and of all natural phenomena. Hundreds of years ago, Indian artists created visual images of dancing Shivas in a beautiful series of bronzes. In our time, physicists have used the most advanced technology to portray the patterns of the cosmic dance. The bubble-chamber photographs of interacting particles, which bear testimony to the continual rhythm of creation and destruction in the universe, are visual images of the dance of Shiva equaling those of the Indian artists in beauty and profound significance.

The metaphor of the cosmic dance thus unifies ancient mythology, religious art, and modern physics”.

E. G. Rajan